

# The community CONNECTION

NOV/DEC 2023  
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Issue 9

HOLIDAY CITY BERKELEY | HOLIDAY CITY CAREFREE | HOLIDAY HEIGHTS | HOLIDAY CITY SOUTH | HOLIDAY CITY WEST  
SILVER RIDGE PARK EAST | SILVER RIDGE PARK NORTH | SILVER RIDGE PARK WEST | SILVER RIDGE PARK WESTERLY

## Veterans Health & Resources Fair Set for November 16 Also: County Opens Veterans Service Office in Whiting

By Eric San Juan

Berkeley veterans – and there are many of them – will have an opportunity to get direct assistance accessing VA benefits, filing claims, and more during a Veterans Health & Resources Fair being held by the Ocean County Health Department (OCHD) on November 16.

The event will be held at the OCHD building at 175 Sunset Ave., Toms River from 4-7pm.

Veterans living in Ocean County will be able to received assistance with filing claims or death benefits, and information on transportation assistance. Staff will be on hand to help with mental health and substance abuse information, and to help with the Project Lifesaver Program.

There will also be access to seasonal vaccines, such as the flu shot, financial and legal assistance, screening for diabetes and other chronic diseases, and more.

You can register at <https://bit.ly/VeteransHealth23>.  
For more information, call 732-341-9700, ext. 7234.

Berkeley's vets will also have more access to nearby veterans services, now that a satellite office of the Ocean County Veterans Service Bureau has opened on Lacey Road in Whiting/Manchester.

A ribbon-cutting was held October 17 for the new facility, which is located at 82 Lacey Road. The building is home to Manchester Emergency Services, and is just down Route 530 from the Holiday City and Silver Ridge Park communities.

"Convenience is so important when it comes to accessing services that can help keep a roof over your head, food on your table, transportation, medical assistance, and so much more support that is available," said Ocean County Commissioner Gary Quinn. "Ocean County with almost 640 square miles can at times be tough to get around. We have been hard at work getting services directly to our residents and this satellite office will certainly help in our efforts to do that."

*Continued on next page...*

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The office will be open from 10 am to 3 pm on Tuesdays, Wednesdays and Thursdays. Veterans can make an appointment at 732-929-2096.

The new site joins the Ocean County Veterans Service Bureau main office at 1027 Hooper Ave., Building 2, Toms River. There is a second satellite office at the Ocean County Southern Service Center, 79 Main Street in Manahawkin.

The Health & Resources Fair and new Veterans Service Bureau satellite office join an array of other veterans services provided by the county.

For example, the Ocean Ride bus service provides free transportation for Ocean County veterans to area VA clinics. Trips are by reservation and must be scheduled in advance.

These free trips take veterans to the VA clinic in Brick Monday through Friday; East Orange Monday mornings and Thursday afternoons; Lyons on Tuesdays; Philadelphia on Wednesdays; and Marlton on Fridays.

For the Brick facility, call (732) 736-8989 and press 1 to schedule a pick-up up to four weeks in advance.

For the out of county facilities, call the Ocean County Veterans Service Bureau directly at (732) 929-2096. Please try to provide two weeks notice if possible.

According to the county, “Due to the long travel time to reach the various VA clinics, emphasis is placed on departures from centralized pick-up locations which are located conveniently throughout the County; including the Ocean County Administration Building, Southern Ocean County Hospital and others. Limited home pick-ups are available based on a case-by-case basis related to the mobility needs of the veteran.”

For more information, visit [www.co.ocean.nj.us/OC/Transportation](http://www.co.ocean.nj.us/OC/Transportation) or call (732) 736-8989.

In addition, the new Department of Veterans Affairs (VA) clinic in Toms River is expected to open in Spring of 2024.

The new clinic will be located at 1051 Hooper Avenue, right near Seacourt Pavilion in Toms River, and will be part of a larger complex that will include a new building for the Ocean County Board of Social Services and the county's own Veterans Service Bureau.

It will be a 68,000-square-foot facility with an outpatient clinic for veterans, parking for 480, and more. It's about twice the size of the Brick location and is expected to serve in excess of 12,000 patients a year, making it among the most active VA clinics in the state.

The clinic's services will include standard primary health care, as well as dental care, mental health counseling, physical therapy, and health services geared towards female veterans. It will be just one of 10 in the state, with the next closest in Tinton Falls.

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# Fulfill NJ Provides Food for Seniors in Need This Holiday Season

By Eric San Juan

When the holidays come across, many turn their eyes towards those in need. For Fulfill NJ, however, the holidays are the same as any other time of year: a time to help ensure the hungry get fed.

Formerly known as the FoodBank of Monmouth & Ocean Counties, Fulfill is responsible for the mobile food pantry that visits the Holiday City/Silver Ridge Park communities each month. The organization also operates the B.E.A.T. Center at 1769 Hooper Ave., Toms River.

As of 2014, over 136,000 individuals in Ocean and Monmouth counties relied on the generosity of local food banks in order to eat, and that number rose sharply to 215,000 families since 2020. Many of them are senior citizens trying to stretch a very limited income.

Overall, 1 in 10 people in the area have received some sort of emergency food from soup kitchens, food pantries, and other charitable organizations. Each month in Berkeley, between 70 to 100 people visit the mobile food pantry to ensure they have enough to eat for the month ahead.

“We now serve enough food for 1 million meals each month,” said Fulfill CEO and President Triada Stampas.

The mobile food pantry serves the Holiday City / Silver Ridge Park area the fourth Friday of every month from 10am to 11am. It set up outside of Clubhouse 2 of Holiday City, 631 Jamaica Blvd.

A second distribution site is located at 44 Frederick Drive, Bayville, in front of the Housing Office, where it sets up every fourth Thursday of the month from 10am to 10:45am.

The visit provides direct access to free food for Berkeley retirees who can use the help. This includes fresh fruits, vegetables, canned goods and more, most of it donated by grocery stores and residents throughout the area.

Applicants must meet certain income requirements to qualify for assistance. Applications can also be filled out on-site on distribution days. Volunteers are on-hand to help people through the process.

The food comes from donations, both from individual as well as from corporate partners. This includes local grocery stores.

“Every one of our partners means the world to us. Most importantly, we have a strong network of 300 feeding partners that ensure we are reaching thousands of our neighbors every week,” Stampas said. “We could not fulfill our mission at the Jersey Shore without our partners’ contributions.”

In addition to the two Berkeley locations, other mobile food pantry stops include in Lakehurst at 204 Elm St. on the first Tuesday of the month from 9:30am to 10:30am; 3204 Hilltop Road in Manchester on the first Tuesday of the month from 11:30am to 12:30pm; and in Toms River at 923 Oak Avenue on the fourth Wednesday of the month from 12:30pm-1:30pm.

But they can’t do it alone. They need your help, either through volunteering or direct donations. Almost everything they do and give to the community – upwards of 87 percent of all operations – comes via donations.



To find out how to volunteer or to donate to Fulfill NJ, visit

**fulfillnj.org**

or call 732-918-2600



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# Holiday City at Berkeley EMS

*Submitted by Phyllis Brown*

## GERD or Acid Reflux

Lots of people suffer with GERD. Mine started in my 50s. I thought it was too many Margaritas at my favorite Mexican place. Drinking them earlier in the night and cutting down on the numbers didn't help.

GERD is a chronic condition caused by changes in the gastroesophageal valve that allows stomach acid to flow back up into your esophagus. GERD can result in both bothersome or painful symptoms. Common symptoms include: Heartburn, Chest Pain, Regurgitation, Trouble Swallowing and Food Sensitivity

If left untreated, reflux can lead to serious conditions including Barrett's esophagus or, in fewer cases, esophageal cancer. When reflux extends beyond the lower esophagus, it can lead to trouble sleeping, sore throat and persistent cough, as well as gas and bloating. These symptoms can indicate a condition called laryngopharyngeal reflux (LPR).

What is a Hiatal Hernia? Many people with GERD also have a hiatal hernia, which happens when part of the stomach moves up into the chest cavity. A hiatal hernia can make acid reflux worse if the hiatus (the hole in the diaphragm that allows food and liquids to pass into the stomach) is enlarged and allows stomach acid to flow back into the esophagus.

Your doctor can help you decide on medication, a procedure or the easy one which could be new eating habits. The last one worked pretty well for me.

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## Having Trouble Making Ends Meet? Do You Need Food?

Many people live on fixed incomes, are disabled, out-of-work, or are working at low-paying jobs, making it hard to cover basic necessities.

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The mobile pantry will be distributing non-perishable food as well as fresh produce and baked goods. **Please bring ID.**

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<b>15-OCT</b> GRAND OPENING OF SECOND OFFICE	<b>16-OCT</b> ENROLLMENT CENTER 10AM-3PM	<b>17-OCT</b> ENROLLMENT CENTER 10AM-3PM presentation at Clarion Hotel 10AM & 1PM	<b>18-OCT</b> ENROLLMENT CENTER 10AM-3PM	<b>19-OCT</b> ENROLLMENT CENTER 10AM-3PM presentation at Clarion Hotel 10AM & 1PM	<b>20-OCT</b> ENROLLMENT CENTER 10AM-3PM	<b>21-OCT</b>
<b>22-OCT</b>	<b>23-OCT</b> ENROLLMENT CENTER 10AM-3PM presentation at Clarion Hotel 10AM & 1PM	<b>24-OCT</b> ENROLLMENT CENTER 10AM-3PM presentation at Clarion Hotel 10AM & 1PM	<b>25-OCT</b> ENROLLMENT CENTER 10AM-3PM	<b>26-OCT</b> ENROLLMENT CENTER 10AM-3PM presentation at Clarion Hotel 10AM & 1PM	<b>27-OCT</b> ENROLLMENT CENTER 10AM-3PM	<b>28-OCT</b>
<b>29-OCT</b>	<b>30-OCT</b> ENROLLMENT CENTER 10AM-3PM presentation at Clarion Hotel 10AM & 1PM	<b>31-OCT</b> ENROLLMENT CENTER 10AM-3PM 	<b>1-NOV</b> ENROLLMENT CENTER 10AM-3PM	<b>2-NOV</b> ENROLLMENT CENTER 10AM-3PM presentation at Clarion Hotel 10AM & 1PM	<b>3-NOV</b> ENROLLMENT CENTER 10AM-3PM	<b>4-NOV</b>



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5-NOV	6-NOV ENROLLMENT CENTER 10AM-3PM  presentation at Clarion Hotel 10AM & 1PM	7-NOV ENROLLMENT CENTER 10AM-3PM  presentation at Clarion Hotel 10AM & 1PM	8-NOV ENROLLMENT CENTER 10AM-3PM	9-NOV ENROLLMENT CENTER 10AM-3PM  presentation at Clarion Hotel 10AM & 1PM	10-NOV ENROLLMENT CENTER 10AM-3PM	11-NOV
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26-NOV	27-NOV ENROLLMENT CENTER 10AM-3PM  presentation at Clarion Hotel 10AM & 1PM	28-NOV ENROLLMENT CENTER 10AM-3PM  presentation at Clarion Hotel 10AM & 1PM	29-NOV ENROLLMENT CENTER 10AM-3PM	30-NOV ENROLLMENT CENTER 10AM-3PM  presentation at Clarion Hotel 10AM & 1PM	1-DEC ENROLLMENT CENTER 10AM-3PM	2-DEC
3-DEC	4-DEC ENROLLMENT CENTER 10AM-3PM  presentation at Clarion Hotel 10AM & 1PM	5-DEC ENROLLMENT CENTER 10AM-3PM	6-DEC ENROLLMENT CENTER 10AM-3PM	7-DEC ENROLLMENT CENTER 10AM-3PM	8-DEC ENROLLMENT CENTER 10AM-3PM	9-DEC

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## HEALTH &amp; WELLNESS

# Managing the Effects of COPD as a Senior Citizen

By Eric San Juan

**November is COPD Awareness Month**, making this a good time to brush up on chronic obstructive pulmonary disease, or COPD.

Heard the term aren't sure what it is?

COPD is a serious and progressive lung disease that affects millions of people worldwide. It is often seen in older adults, with the majority of cases being diagnosed in individuals over the age of 65. This ailment makes it difficult to breathe. It includes two main conditions: emphysema and chronic bronchitis.

In emphysema, the air sacs in the lungs are damaged, causing them to lose their elasticity and making it difficult for the lungs to expand and contract. Meanwhile, chronic bronchitis is characterized by inflammation and narrowing of the airways, also making breathing difficult.

"On average, individuals diagnosed with COPD typically have a reduced life expectancy compared to those without the disease," Robert Goldberg, M.D., a pulmonologist in Mission Viejo, CA told HealthLine. He said life expectancy can be reduced by up to six years.

This condition is more widespread than you may realize. In fact, according to the World Health Organization (WHO), an estimated 251 million people globally suffer from COPD. In the United States alone, over 16 million adults have been diagnosed with COPD, and it is believed that millions of others have undiagnosed or misdiagnosed cases.

The most common symptoms include shortness of breath, wheezing, chest tightness, and chronic coughing. These symptoms can greatly impact a person's quality of life, making simple tasks like walking or climbing stairs difficult. Symptoms are most likely to arise when you are active, such as during physical activities.

The primary risk factor for developing COPD is smoking, with about 90% of cases being linked to cigarette smoke.

"When you breathe in cigarette smoke, what happens is that goes into your lungs, that causes inflammation. Over time, that inflammation causes damage to your lung tissue," Dr. Audreesh Banerjee, co-director of the COPD program at Penn Medicine, told ABC News.

However, other factors, such as exposure to air pollution and occupational hazards like chemicals and dust can also increase the risk. Genetics may also play a role in developing COPD, with some individuals being more susceptible than others, though that is still being studied.

COPD is a progressive disease, meaning it worsens over time. It can lead to complications such as respiratory infections, heart problems, and even lung cancer. In fact, COPD is among the leading causes of death in the United States. Additionally, individuals with COPD are at a higher risk of developing depression and anxiety due to the impact on their daily lives.

A 2022 study in Morbidity and Mortality Weekly Report showed that the highest mortality rates included those who worked in the mining industry and those with a background in the food preparation/service industry.

"The elevated COPD mortality among ever-employed persons in certain industries and occupations underscores the importance of targeted interventions to prevent COPD from developing and intervening before it becomes symptomatic or severe," wrote the authors.

According to the Centers for Disease Control and Prevention (CDC), more than half of individuals aged 65 years or older have some form of COPD. As we age, our lung function naturally decreases, making it crucial for older Americans to manage their lung health.

One of the most important steps for managing COPD is to quit smoking if you are a smoker. This can slow down the progression of the disease and improve lung function. Maintaining a healthy lifestyle with regular exercise and a nutritious diet can also improve overall health and lung function. For example, aerobic exercises like walking or swimming can help strengthen the muscles used for breathing and improve shortness of breath.

It is also important for senior citizens with COPD to stay up to date on vaccinations, especially for respiratory infections like pneumonia and influenza, aka the flu. These infections can be dangerous for individuals with COPD and may lead to hospitalization or even death. It is also crucial to regularly monitor your symptoms and seek proper medical treatment as needed. This may include medications, pulmonary rehabilitation, and oxygen therapy.

"Its detrimental effects on life expectancy cannot be overstated," Dr. Goldberg said. "Continued smoking worsens COPD symptoms, accelerates the decline in lung function, and increases the risk of complications and mortality."

COPD is treated differently for each individual, as it depends on the severity of the disease and other health factors. However, some common treatments include bronchodilators to help open up airways, steroids to reduce inflammation in the lungs, and antibiotics if there is an infection present.

Pulmonary rehabilitation is also a recommended treatment for COPD. This program involves exercise training, education on managing the disease, and counseling to help cope with the emotional aspects of living with the ailment.

In severe cases, oxygen therapy may be necessary. This involves using a portable device or mask to deliver oxygen directly to the lungs, improving breathing and overall oxygen levels in the body. These devices can greatly improve quality of life for seniors with severe COPD.

COPD is a serious condition. By being proactive and seeking proper treatment, senior citizens with COPD can maintain a good quality of life and minimize the risks associated with the disease.



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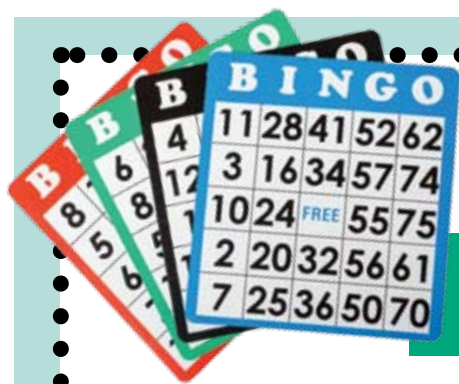
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### HOLIDAY CITY CAREFREE

**DOORS 4:30PM**  
**CLUBHOUSE - 8 BANANIER DR.**

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 DINNER, SNACKS, DESSERTS,  
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 732-286-7872

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### HOLIDAY CITY WEST SENIOR CITIZENS SOCIAL CLUB

**DOORS 4:30PM | GAMES 6:15-9PM**  
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## THURSDAYS

### HOLIDAY CITY BERKELEY

**DOORS 4PM | GAMES 5:15PM**  
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Thursdays, 10:00 AM-4:00 PM. Come paint or sketch  
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Tuesdays, 7:00-9:00 PM, \$15 Model Fee—In the studio

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2nd, 3rd & 4th Sundays, 2:00-4:00 PM Portraits & Figure  
 Model Fee \$10 in the Studio

### UNDRAPED FIGURE DRAWING, LONG POSES

Saturdays, 10:00 AM-12:30 PM • \$10 Model Fee—In the studio

### BOOK CLUB

2nd Friday of the Month 5:00-6:30 PM (Free)

### ART CHAT

4th Friday of the Month 5:00-6:30 PM (Free)

### PHOTOGRAPHY GROUP

Contact Office for meeting Information

### SCULPTING WITH CLAY

Fridays 11:00 AM-1:00 PM Upstairs Studio (\$5.00)

### EACH STITCH COUNTS GROUP

Thursdays, 1:00-3:00 PM



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INVITES YOU TO JOIN US FOR

Pancake  
 Breakfast



PANCAKES • SAUSAGE PATTIES • JUICE • COFFEE • TEA

**SATURDAY, JANUARY 13, 2024**

**8AM - 11AM**

AT HOLIDAY HEIGHTS CLUBHOUSE AUDITORIUM

96 PRINCE CHARLES DRIVE

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 [NO REFUNDS]

TICKETS ON SALE  
 EVERY THURSDAY 9AM – 10AM  
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**NO MEETINGS**

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 AT THE CLARION**

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As the temperature drops, and the holidays draw near, we know food security matters now more than ever.

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# 16 EVENTS

**HCB** HOLIDAY CITY BERKELEY  
**HCC** HOLIDAY CITY CAREFREE

**HH** HOLIDAY HEIGHTS  
**HCS** HOLIDAY CITY SOUTH

**HCW** HOLIDAY CITY WEST  
**SRPE** SILVER RIDGE PARK EAST



FLYERS FOR THE **JAN/FEB 2024 EDITION**  
MUST BE SUBMITTED BY **DECEMBER 15<sup>TH</sup>**

VISIT **HolidayCity.org**  
TO FILL OUT THE EVENT FLYER FORM

**SPACES LIMITED! PROMOTE YOUR UPCOMING EVENTS FOR 2024!**

## 2023 BUS TRIPS TO ATLANTIC CITY



### ► HCC AC HI-ROLLERS

#### TRIP TO RESORTS CASINO

**TUESDAY, NOVEMBER 6 - \$33PP • \$20 SLOT PLAY**

BUS BOARDS 11:15 AM, BUS LEAVES AC 7PM SHARP

TICKET SALES OCTOBER 4, 2023 IN LIBRARY (98 BANANIER DR.) 11AM-1PM

MAKE CHECKS OUT TO HCC ATLANTIC CITY HIGH ROLLERS **[NO REFUNDS]**

**CONTACT: FRAN LUCANTE 732-736-5622**

### ► HCS WOMEN'S CLUB

#### 4-HOUR RESORTS CASINO

**WEDNESDAY, NOVEMBER 15 - \$33PP • SLOT PLAY INCLUDED**

EVENT TIME: 2:45PM

TICKET SALES FRIDAY MORNINGS 9:30-11AM AT HCS BUILDING A, ROOM 1  
(139 SANTIAGO DRIVE)

**CONTACT: ALICE PATRIZIO 732-286-2751**

### ► HCC AC HI-ROLLERS

#### TRIP TO RESORTS CASINO

**MONDAY, DECEMBER 4 - \$33PP • \$20 SLOT PLAY**

BUS BOARDS 11:15 AM, BUS LEAVES AC 7PM SHARP

TICKET SALES NOV. 8, 2023 IN LIBRARY (98 BANANIER DR.) 11AM-1PM

MAKE CHECKS OUT TO HCC ATLANTIC CITY HIGH ROLLERS **[NO REFUNDS]**

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## NEIGHBORHOOD GARAGE SALES, FLEA MARKETS, AND CRAFT FAIRS

### ► **SRPE** 979 EDGEWOOD DR. NORTH **HOLIDAY CRAFT FAIR - CRAFTERS WANTED** **NOV 18 • 9AM-2PM**

ARTS, CRAFTS, VENFORS, JEWELRY • LIGHT BREAKFAST  
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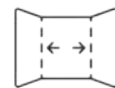
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# 18 EVENTS

**HCB** HOLIDAY CITY BERKELEY  
**HCC** HOLIDAY CITY CAREFREE

**HH** HOLIDAY HEIGHTS  
**HCS** HOLIDAY CITY SOUTH

**HCW** HOLIDAY CITY WEST  
**SRPE** SILVER RIDGE PARK EAST

## NOV 11 HOLIDAY CITY CAREFREE NETWORK OF NEIGHBORS



### SALUTE TO VETERANS LUNCHEON

1 PM - 5 PM • HCC CLUBHOUSE

98 BANANIER DRIVE

LIVE MUSIC FEATURING DEJA-VU ENTERTAINMENT  
SANDWICHES - SALADS - COFFEE - TEA - SODA - WATER - DESSERT - BYOB

TICKET COST: \$20.00 PP ( \$3 VETERAN DISCOUNT WITH ID)  
TICKET SALE: OCTOBER 17, 24, 31 & NOVEMBER 7 AT 12PM - 2PM  
CAREFREE LIBRARY, 98 BANANIER DRIVE  
FOR MORE INFO: BARBARA OR SAUL 848-251-2587

## NOV 11 ST. MAXIMILIAN KOLBE KNIGHTS OF COLUMBUS COUNCIL 10899

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Contact: Bob 732-608-0175, R\_zaratin@comcast.net  
or Len Capobianco 732-608-7277, Lencapo@aol.com

## NOV 11 HOLIDAY CITY WEST OUT & ABOUT CLUB



### ELVIS FOREVER

6PM - 9:30PM • HCW CLUBHOUSE

45 CABRILLO BLVD.

1-Hour show +Meet & Greetfeaturing the talented Richie Santa  
Appetizers, Dessert, Coffee, Tea and Soft Drinks will be served, BYOB

Ticket Cost: \$25.00 per person  
Ticket Sale: 4:30PM-6PM Wednesdays at 45 Cabrillo Blvd.  
FOR MORE INFO: MADELINE 201-232-0954

## NOV 15 HOLIDAY CITY CAREFREE GALAVANTERS



### TRIP TO THE SHORE CLUB

(USED TO BE CALLED DOOLANS)

BUS LEAVES HCC PARKING LOT AT 10:15 AM

HOLIDAY CITY CAREFREE, 98 BANANIER DRIVE

Show includes: Billy Joel, Carole King, & Roy Obrison impersonators + Comedian

Includes: 1 Hour Open Bar | Wine or Beer with Lunch of either Beef Sirloin,  
Chicken Marsala, or Herb Crusted Salmon | Dessert & Coffee

TICKET COST: \$100.00 PP  
FOR MORE INFO: FRAN NEWSOME 732-569-3925

## NOV 17 SILVER RIDGE PARK WESTERLY ENTERTAINMENT COMMITTEE



### VETERANS RED, WHITE & BLUE TRIBUTE DANCE

7PM-10PM AT SRPWLY CLUBHOUSE

39 MILLBROOK DRIVE, TOMS RIVER

Show us your Colors! Wear Red, White & Blue  
All proceeds will be donated to VFW POST 9504 for Mailing

Tickets: \$9.00 +Donated item for the Troops at time of ticket purchase  
Ticket Sale Dates: Oct. 23,25,27,30, Nov.1,3,6,8,10,13  
from 10am-12 Noon at SRPWLY Clubhouse  
FOR MORE INFO: CALL COOKIE 201-394-3583

## NOV 18 HOLIDAY HEIGHTS RECREATION



### PAJAMA PARTY

DOORS OPEN 6:30PM at HH CLUBHOUSE

96 Prince Charles Drive

Join us for a fun evening at our first ever Pajama Party - All Guys and Gals  
invited Sleepwear strongly encouraged but not required Coffee, Tea, Soda,  
Water and Dessert provided BYOB and Snacks

ENTERTAINMENT BY JERSEY SHORE DJS Lots of prizes and surprises!

TICKET COST: \$15.00 PP CHECKS ONLY [NO REFUNDS]  
TICKET SALES: THURSDAYS 9-10AM, 9/7—11/9 AT HH CLUBHOUSE  
FOR MORE INFO: JANE 848-221-2995

## NOV 18 HOLIDAY HEIGHTS FIRST AID AUXILIARY



### BAKE SALE FUNDRAISER

9 AM - 12 PM • HOLIDAY HEIGHTS

120 PRINCE CHARLES DRIVE

PIES - CAKES - COOKIES - BROWNIES & MORE  
JOIN US FOR ALL THE SWEETS YOU ADORE!

**\$ CASH ONLY \$**  
ALL PROCEEDS BENEFIT THE HH FIRST AID SQUAD  
FOR MORE INFO: 732-818-0890

## NOV 19 SILVER RIDGE PARK WEST EVENT CLUB



### FOOD PANTRY ZINGO

1 PM • SILVER RIDGE PARK WEST CLUBHOUSE

145 WESTBROOK DRIVE, TOMS RIVER

BRING UNEXPIRED FOODS TO DONATE TO OUR FOOD PANTRY

TICKET COST: \$5.00 (ADDITIONAL BOARDS: \$1.00)  
TICKET SALE: 145 WESTBROOK DRIVE, TOMS RIVER  
FOR MORE INFO: 862-208-9061



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# SAVE THE DATE FOR THESE UPCOMING HOLIDAY EVENTS!

**NOV 30** HOLIDAY CITY SOUTH  
SOCIAL CLUB

## DOO WOP CHRISTMAS STARRING THE DOO WOP PROJECT AT THE TROPICANA

BUS DEPARTS 9:15 AM • 139 SANTIAGO DRIVE

 This six-man group, backed by their band, bring to the stage effortless cool-  
with a vintage spin on memorable songs.

**TICKET COST: \$94.00 | \$25 SLOT PLAY INCLUDED**
**TICKET SALE: FRIDAY MORNINGS AT HCS, BLDG. A, RM 1 FROM 9:30-11 AM**
**FOR MORE INFO: DODIE PRICE 732-244-2530**
**OR BARBARA BURKE 732-286-0495**
**DEC 3** HOLIDAY CITY WEST  
VARIETY CLUB

Annual Christmas Program

## "A CHRISTMAS LOST"

 2PM • HCW CLUBHOUSE  
45 CABRILLO BLVD.

**Ticket Cost: \$5.00 per person**
**Ticket Sale: 4:30PM-6PM Nov. 1st, 8th, 15th, 29th at Card room  
HCW Clubhouse (45 Cabrillo Blvd.)**
**FOR MORE INFO: 732-735-9743**
**DEC 04** HOLIDAY CITY SOUTH  
WOMEN'S CLUB

## ANNUAL CHRISTMAS LUNCHEON 12 NOON - 4 PM

CLARION HOTEL - 815 ROUTE 37 WEST

APPETIZERS - CHOICE OF ENTREE - ROLLS &amp; VEGETABLES

WATER - SODA - ICED TEA - DESSERT - COFFEE &amp; TEA

MUSIC BY DON PESCE

**TICKET COST: \$30.00 PP**
**TICKET SALE: FRIDAY MORNINGS FROM SEPT 22 - NOV 24**
**AT HCS BLDG A, RM 1 (139 SANTIAGO DRIVE) FROM 9:30- 11 AM**
**FOR MORE INFO: PAT YAMELSKI 732-244-1396**
**DEC 05** HOLIDAY HEIGHTS  
RECREATION

## SURFLIGHT THEATRE: A CHRISTMAS STORY

BUS DEPARTS AT 12:30 PM

HH CLUBHOUSE, 96 PRINCE CHARLES DRIVE

**DINNER AT WATERFRONT RESTAURANT**

Filet Mignon - Flounder - Salmon - Scallops - Eggplant - Chicken - Cash Bar

**TICKET COST: \$110.00 PP - INCLUDES BUS, SHOW & DINNER (NO REFUNDS)**
**TICKET SALE: EVERY THURSDAY 9-10 AM AT HH CLUBHOUSE**
**TICKET SALE BEGINS: JULY 20 (CHECKS ONLY - PAYABLE TO HH RECREATION)**
**FOR MORE INFO: ANNA PACIFICO 732-504-7124**
**DEC 6** HOLIDAY CITY CAREFREE  
GALAVENTERS CLUB

## SMITHVILLE/CAPE MAY CHRISTMAS TOUR

Travel to Smithville for lunch, shopping in the village, view decorations

Travel to Cape May for sightseeing

Trolley in the evening to see the Christmas Decorations

 Depart 12:30 from Clubhouse to Smithville, Depart 5pm to Cape May,  
7:15pm board trolley to see all holiday decorations and lights.

**Tickets: \$110 Per Person - HCC Clubhouse 98 Bananier Dr., Toms River**
**Ticket Sale Dates: Oct 25, Nov 29 & Second Tuesday each month**
**Ticket will also be sold at the General Meetings in Oct & Nov.**

Tickets are reserved with full payment only, otherwise you will be added to wait list

**FOR MORE INFO: FRAN NEWSOME 732-569-3925**
**DEC 6-8** HOLIDAY CITY BERKELEY  
DAY PLANNERS

## MIRACLE OF CHRISTMAS & THE FIRST NOEL

SIGHTS &amp; SOUND THEATRE/AMERICAN MUSIC THEATRE

3 DAYS/2 NIGHTS

INCLUDES LODGING, MEALS + SMORGASBORD DINNER

TANGER OUTLETS, KITCHEN KETTLE VILLAGE, LUGGAGE HANDLING

ALL TAXES &amp; MEAL GRATUITIES, TRANSPORTATION

**TicketS: \$100 PP DEPOSIT • \$549 PP Double Occ | \$698 Single Occ**
**CANCELLATION INSURANCE AVAILABLE UPON REQUEST**
**FOR MORE INFO: CAROLYN PABON 732-608-7546**





**DEC 08** HOLIDAY HEIGHTS RECREATION

**CHRISTMAS WITH THE CAMEOS**

7:30 PM • HOLIDAY HEIGHTS CLUBHOUSE

96 PRINCE CHARLES DRIVE

NO FRILLS DANCE FEATURING THE CAMEOS, NJ'S FAVORITE OLDIES GROUP WITH SPECIAL GUESTS: THE ARMINIOS

TICKET COST: \$25.00 PP

TICKET SALE: HOLIDAY HEIGHTS CLUBHOUSE FROM 9/21 - 11/30

FOR MORE INFO: REBECCA 908-803-3393

**DEC 09** SILVER RIDGE PARK EAST ENTERTAINMENT COMM

**HOLIDAY DANCE**

7 PM - 10 PM • SILVER RIDGE PARK EAST

979 EDGEBROOK DRIVE

MUSIC BY DJ JOHNNY • 50/50 RAFFLE • BYOB & SNACKS • COFFEE & CAKE

TICKET COST: \$10 (PAID RESERVATIONS) \$13 (WALK-INS)

TICKET SALE: DROP OFF CHECK WITH CONTACT INFO TO SRPE OFFICE BY 12/5

MARK ENVELOPE: "ENTERTAINMENT COMMITTEE / HOLIDAY PARTY"

FOR MORE INFO: GAIL DINICOLAS 973-214-3664

OR EMAIL GIDINICOLAS007@GMAIL.COM

IDENTIFICATION NO. 107-12-42979 APPLICATION NO. 2920

**DEC 09** HOLIDAY CITY WEST OUT & ABOUT CLUB

**HOLIDAY GALA**

6 PM - 9:30 PM • HOLIDAY CITY WEST

45 CABRILLO BLVD

FEATURING MUSIC BY THE CAMEOS  
COMPLETE HOLIDAY BUFFET CATERED BY ANTONIOS

TICKET COST: \$35.00

TICKET SALE: STARTS 11/8 ON WEDNESDAYS FROM 4:30-6 PM  
AT 45 CABRILLO BLVD (ALL ARE WELCOME TO ATTEND)

FOR MORE INFO: 201-232-0954

**DEC 19** HOLIDAY CITY SOUTH WOMEN'S CLUB

**CHRISTMAS AT THE PLAYHOUSE,  
HOLIDAY MAGIC & CHRISTMAS JOY**

at Hunderdon Hills Playhouse

Bus leaves 9 AM

Includes Bus Transportation, Luncheon, show and  
endless dessert buffet

Ticket: \$120.00 PER PERSON • TICKET SALES: FRIDAYS 9AM-11AM AT  
HCS CLUBHOUSE BUILDING A, ROOM 1 (139 SANTIAGO DR.)

FOR INFO: ALICE PATRIZIO 732-286-2751

**DEC 09** SILVER RIDGE PARK NORTH HOA

**40<sup>th</sup> ANNIVERSARY CELEBRATION**

5 PM • SRPN CLUBHOUSE

101 WESTPORT DRIVE

DINNER CATERED BY BLUE COLLAR CATERER'S  
CAKE - COFFEE - TEA - BYOB

TICKET COST: \$35.00 PP

TICKET SALE: 11/13 - 12/1 AT SRPN CLUBHOUSE, 101 WESTPORT DRIVE  
MONDAY-FRIDAY 9-11AM, WEDNESDAY 6-8

FOR MORE INFO: JUDI 732-687-7546



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# SAVE THE DATE FOR THESE NEW YEARS EVE PARTIES!

**DEC 31** HOLIDAY CITY CAREFREE  
NETWORK OF NEIGHBORS

## NEW YEARS 2024 PARTY

ENJOY LIVE MUSIC BY DEJA-VU ENTERTAINMENT  
8 PM - 12:30 AM • HCC CLUBHOUSE  
98 BANANIER DRIVE

GOURMET DINNER CATERED BY POSITANO ITALIAN CUISINE OF TOMS RIVER  
BYOB • CHAMPAGNE TOAST AT MIDNIGHT

TICKET COST: \$60.00 PP

TICKET SALE: HCC LIBRARY ( 98 BANANIER DRIVE) ON 11/28, 12/05, 12/12,  
AND 12/19 FROM 12 PM - 2 PM

FOR MORE INFO: BARBARA OR SAUL BALASIANO

848-251-2587 OR EMAIL: networkofneighborsclub@gmail.com

**DEC 31** HOLIDAY CITY BERKELEY  
DANCE COMMITTEE

## NEW YEARS EVE GALA

7:30 PM - 12:30 AM • HCB CLUBHOUSE 2  
2 PORT ROYAL DRIVE

CATERED BY MULBERRY ST. BUFFET DINNER - CHAMPAGNE TOAST - BYOB  
MUSIC BY DJ BILLY PHILLIPS

TICKET COST: \$60.00

TICKET SALE: FIRST AND THIRD TUESDAY OF THE MONTH AT  
CLUBHOUSE 1 FROM 12 - 1 PM

FOR MORE INFO: PAT 732-557-4472

OR CHERYL 732-674-9544

**DEC 31** SILVER RIDGE PARK WESTERLY  
ENTERTAINMENT COMMITTEE

## NEW YEAR'S EVE GALA

7:30PM-12:30AM AT SRPWLY CLUBHOUSE  
39 MILLBROOK DRIVE, TOMS RIVER

FABULOUS APPETIZER PLATTER, 4 COURSE DINNER, DESSERTS  
+CHAMPAGNE TOAST

Tickets: \$50.00

Ticket Sale Dates: Dec.1,4,6,8,11,13,15,18,20,22  
from 10am-12 Noon at SRPWLY Clubhouse

FOR MORE INFO: CALL COOKIE 201-394-3583

**DEC 31** SILVER RIDGE PARK WEST  
MENS & WOMENS CLUB

## NEW YEAR'S EVE PARTY

8PM - 12:30AM • SILVER RIDGE PARK WEST  
145 WESTBROOK DR.

Buffet Dinner catered by Luigi's  
Dinner, Dancing, DJ, Photo booth, & watch the ball drop

Ticket Cost: \$45.00 per person

Ticket Sale: 10:30AM - 12:30PM Saturdays only at 145 Westbrook Dr.

FOR MORE INFO: 732-244-1484 ext. 308

## --- SAVE THE DATE FOR THESE UPCOMING 2024 EVENTS! ---

**JAN 20** SRP WESTERLY  
GUYS & DOLLS

## TRIVIA NIGHT

DOORS: 6:30PM • 7PM | SRPWLY CLUBHOUSE  
39 MILLBROOK DRIVE

FOR MORE INFO: DEBI 973-632-4924

OR JOYCE 732-610-0187

**FEB 09** SRP WESTERLY  
ENTERTAINMENT COMM

## VALENTINE DANCE PARTY

7 PM - 10 PM • SILVER RIDGE PARK WESTERLY

FOR MORE INFO: COOKIE 201-394-3583

**FEB 10** Holiday Heights  
RECREATION

## NO FRILLS MARDI GRAS DANCE

6:30PM - 9:30PM • DOORS OPEN 5:30PM

FOR MORE INFO: ELAINE NETIS 848-333-6247

**FEB 18** SILVER RIDGE PARK NORTH  
HOA

## "HOORAY FOR HOMICIDE"

A "Whodunnit?" in the glamour capital of the world - HOLLYWOOD!  
An Interactive Murder Mystery Performed by D.O.A. Mysteries  
2 PM • SILVER RIDGE PARK NORTH

FOR MORE INFO: 732-286-4868

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Coupons do not expire except service call coupon.

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CALENDAR

CALENDAR VIEW | LIST VIEW

JUNE 2023

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	01	02	03	04	05



7-10PM SILVER RIDGE PARK WESTERLY ENTERTAINMENT  
COMM. "BEACH PARTY DANCE" - CLICK HERE FOR MORE  
INFO  
Jun 10, 2023



SILVER RIDGE PARK NORTH NEIGHBORHOOD GARAGE  
SALES & FLEA MARKETS  
Jun 10, 2023

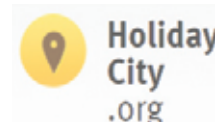
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**HCB DAY PLANNERS****SIGHT & SOUND THEATRE /  
AMERICAN MUSIC THEATRE-**

Call Carolyn Pabon  
**732-608-7546**

**MIRACLE OF CHRISTMAS THE FIRST NOEL**

**DECEMBER 6-8, 2023** 3 Days / 2 Nights

## PACKAGE INCLUDES:

• 2 NIGHTS LODGING, 2 BREAKFASTS,  
2 DINNERS + SMORGASBORD DINNER

• TANGER OUTLETS

• KITCHEN KETTLE VILLAGE

• SOUVENIR GIFT

• LUGGAGE HANDLING

• ALL TAXES & MEAL GRATUITIES

• MOTORCOACH TRANSPORTATION

\$100.00 PER PERSON DEPOSIT

\* CANCELLATION INSURANCE IS AVAILABLE UPON REQUEST \*

\$549.00 PP DOUBLE OCCUPANCY \$698.00 SINGLE OCCUPANCY

**AMERICANS OF ITALIAN HERITAGE SOCIAL CLUB****SURFLIGHT THEATRE  
A CHRISTMAS STORY**

Call Carmen  
**732-244-0404**

**+ DINNER AT THE WATERFRONT RESTAURANT**

**DECEMBER 13, 2023**

DINNER INCLUDES: HOUSESLAD, WARMED ROLLS & BUTTER

CHOICE OF: FILET MIGNON, STUFFED FLOUNDER, DRUNKEN PARMESAN,  
CHICKEN NAPOLI, BARNEGAT LIGHT SEA SCALLOPS,  
EGGPLANT NAPOLEAN, PAN SEARED SALMON

CHEF'S CHOICE DESSERT, COFFEE, TEA, ICED TEA. **CASH BAR AVAILABLE**

• MOTORCOACH TRANSPORTATION INCLUDED

\$107.00 PER PERSON

**HCS WOMEN'S CLUB****WOODLOCH PINES TRIP**

TIME: TBA

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• 4 NIGHT ACCOMMODATIONS

• ALL MEALS

• MOTORCOACH PICK UP & DROP OFF

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Ticket Sale Dates: Friday mornings 9:30 - 11 AM

Ticket sale location: Holiday City South, Building A, Room 1, Fri. 9-11:30 am

**AMERICANS OF ITALIAN HERITAGE SOCIAL CLUB****7-NIGHT ALASKA CRUISE  
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With additional 2-Nights in Seattle, WA

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<p><b>50% OFF</b> LABOR ON ANY NEW WINDOW OR DOOR INSTALLATION <small>Min. of 4 windows must be purchased. May not be combined with any other offers or discounts. Must book by 12/15/23.</small></p>	<p><b>\$1000 OFF</b> COMPLETE SIDING JOB <small>Min. of 20 sq. of siding. Not valid on partial jobs or repairs. May not be combined with any other offers or discounts. Must book by 12/15/23.</small></p>

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Audiology (2)  
Auto (3)  
Beauty (1)  
Computer Services (1)  
Dentistry (3)  
Estate Sales - Antiques (0)  
Funeral Homes - Cremations (6)  
Health Services (14)  
Home Services/Repairs (45)  
**Hotels/Resorts**  
Insurance (1)  
Jewelry/Gold (0)  
Lawyers (3)  
Local Activities (1)  
Local Merchants (2)  
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