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HOLIDAY CITY & SILVER RIDGE PARK COMMUNITIES

The COMMETION JUNE 2023 Volume 9 Issue 5 CONNECTION

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Officials Break Ground on Berkeley Solar Array

- By Eric San Juan

It's a project that has been in the works for years. Last month, it took perhaps its most significant step forward when ground was broken for the 10 megawatt solar field that will be constructed on 40 acres atop an old landfill.

That solar field is going to provide affordable, renewable energy for up to 1,800 homes, saving those homeowners up to \$6.4 million over the course of the next 20 years.

"My administration and the council have set robust goals for resiliency and green initiatives and are pleased to have this outside the box, strategic method for generating revenue for the township on township-owned land," Mayor Carmen Amato said. "After almost 50 years of being closed and sitting dormant, this 40-acre site is finally being properly capped and efficiently utilized."

The old Berkeley Township Landfill, closed for decades and long since out of use, is located behind the town's Public Works yard on Pinewald-Keswick Road. The landfill operated on the site until 1974. Once closed, the site was never capped. It wasn't until 2020, when the town partnered with CS Energy, that the site was finally capped for good.

"To properly cap a landfill, at no cost to the taxpayers and at the same time install 10 megawatts of green energy and generate revenue for the township, is truly a win-win situation for Berkeley Township," said Council President John Bacchione.

Workers from Teamsters Local 97 prepared the site so work could begin. Representatives from IBEW Local 400, Operating Engineers Local 825, Local 172 and Local 182 also attended the groundbreaking ceremony and have been part of the project.

"I'm pleased to know the work on-site will be done by highly qualified, trained and dedicated union workers," Amato said.

The town is working with CS Energy and Luminace to make the project a reality.

"We look forward to completing the construction of this project and delivering a high-quality solar system and significant energy savings to residents," said John Ervin, VP of Development at CS Energy.

...continued on next page





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<u>PLEASE NOTE</u>: ALL EVENT FLYERS WILL BE LISTED ONLINE AT **HOLIDAYCITY.ORG**

... Cover story continued



Once the array is finished, residents will be able to opt-in to purchasing energy via the solar array, with 51 percent of them being low to moderate income households. Doing so is completely optional. It also shouldn't impact how residents pay their bills, either; because their energy will still be delivered via JCP&L lines, they will still pay their bills to JCP&L.

The arrangement comes courtesy of the state's Community Solar Pilot Program, which allows homeowners to "participate in a solar energy project that is remotely located from their property."

"Community solar is a key pillar in our commitment to transition New Jersey away from harmful emissions and towards 100 percent clean energy by 2050," Governor Phil Murphy said.

Basically, you can subscribe to a solar energy program and receive similar rates to homeowners with panels on their home without actually hosting or owning panels yourself. This means those who may not otherwise be able to get solar power will be able to do so. It's part of an effort to increase the adoption of renewable energy sources throughout the state.

"I am proud of what we have accomplished in just two years of our Community Solar Pilot Program," said NJBPU President Joseph L. Fiordaliso. "Community Solar is a critical component of our solar programs in making sure that the clean energy and cost savings of solar are available to everyone."

Amato said participation in the program is in keeping with the town's own long-term green energy plans.

"My administration and the Council have set goals for resiliency and green initiatives. A part of these goals is to encourage alternative energy such as solar power," Amato said in a written statement. "We are thinking outside the box to find ways to generate revenue for the township on township land."

For more information on the state Community Solar Pilot Program, visit **njcleanenergy.com**

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Town Takes Stand Against Parkway Toll Increases

By Eric San Juan

Tolls on the Garden State Parkway will be increasing again, and town officials are not happy about it. Last month, the town council passed a resolution opposing the hikes. The resolution will be sent to the state to make the town's stance a matter of public record.

"This will mark the third year in a row that tolls have increased on the Garden State Parkway and New Jersey Turnpike," Council Vice President Keith Buscio said. "With all of us feeling the sting of inflation through higher interest rates, gas prices, food and energy prices, residents are once again being asked pay more for tolls - this is unacceptable."

Tolls already increased in January on the Parkway, New Jersey Turnpike, Atlantic City Expressway, and Port Authority bridges and tunnels. The Toms River plaza, for example, went from 97 cents to \$1.01 for EZ-Pass users, and from \$1 to \$1.05 for drivers using cash. Other tolls in the area also saw increases.

Another round of increases is scheduled to go into effect January 1, 2024. It would mark the fourth hike since 2020.

In 2020, the process by which toll prices are set was changed. Now, prices are determined based on a process called "indexing," which ties prices to an array of economic indicators.

For residents of Berkeley and surrounding communities, the Garden State Parkway is a vital lifeline to jobs, shopping, and local attractions. Of the roughly 43,000 residents in Berkeley, more than 20,000 use EZ-Pass, according to Buscio. It is unknown how many use the Parkway but pay in cash.

The council said these increases would hurt town residents. Mayor Carmen Amato agreed.

"I want to thank Council Vice President Keith Buscio for his leadership in bringing this important matter forward," Amato said. "I stand united with the Council in opposition to this increase."





\$150,000 Grant Will Help Keep Berkeley Clean

A \$149,669 grant from the NJ Department of Environmental Protection (DEP) will once again help Berkeley roads stay clean.

As with previous Clean Communities grants, the money will not only help pay the salaries of the municipal employees who clean and maintain Berkeley's parks and beaches, it will also go towards the creation of "mini-grants" designed to benefit local civic organizations through an Adopt-a-Spot

or Adopt-a-Road program.

The grant money helps pay these organizations for the time, effort, and materials put towards the places around town they "adopt." Usually located in parks or along key roadside areas, these public spots are kept looking great thanks to their efforts.

"This is good news for Berkeley taxpayers and local non-profit, civic and community groups," Amato said.

Organizations that want to participate in the Adopt-a-Spot or Adopt-a-Road programs must apply to do so. There is an approval process each organization must go through. Once pre-approved, a maximum of two \$500 grants, one for two separate locations, will be issued to each organization.

Non-profit groups that want to participate in one of the Adopt programs should call the Public Works Department at 732-341-1022.

"These clean-ups provide a valuable service in keeping our township clean," Amato said. "The funding also provides for equipment related to the clean-ups, education and enforcement of litter laws."

The grant money isn't just for community organizations. It will also help the town's day-to-day maintenance operations. This includes offsetting the salaries of town employees tasked with maintaining parks and beaches, which in turn means a small benefit to your property taxes.

The New Jersey Clean Communities was created in 1986 as a litter abatement program. The program was almost wiped out in 1995 due to budget cuts, but the nonprofit New Jersey Clean Communities Council, Inc. (NJCCC) was formed to continue administering the program.

According to the NJCCC, "The Clean Communities Council oversees the implementation of litter abatement programs in 558 municipalities and 21 counties, collects statistical reports, maintains a data base of information that tracks local programs, and implements a statewide program of public information and education that targets Clean Communities coordinators, schools, and the general public."

For more information on New Jersey Clean Communities, visit njclean.org, call (609) 989-5900, or write njccc@njclean.org.

"It's a win-win situation for our township," Amato said. "Nonprofit community groups take advantage of the funding and the township benefits that we are able to get areas of our town cleaned up."

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NO MUNICIPAL TAX INCREASE IN 2023!

I am pleased to report that we will have NO MUNICIPAL TAX INCREASE for 2023! The Township Council recently introduced our 2023 municipal budget, which will keep our tax rate the same as last year.

This is extremely good news for our taxpayers. As you know, between the sharp increase in inflation and the unique set of challenges due to the pandemic, it has not been easy.

Despite these difficult challenges, we are pleased that the municipal budget will keep the tax rate the same as in 2022. Barring any issues, I anticipate the Township Council will adopt the budget at a special meeting in July. This means we will not have to send out estimated tax bills, at a cost savings of about \$30,000 dollars. We anticipate you will be receiving your FINAL third and fourth quarter tax bills mid July. As customary, you will have until August 10th, to pay your August 1st (third quarter) property tax bill, without interest or penalties.

Keep in mind that the municipal portion of your final tax bill, including our open space tax, is a little over 30% of your total bill. This is the ONLY portion of your tax bill under the direct control of the Mayor and Council. The remaining, nearly 70% of your bill, which includes county government, county library, county health, county open-space and the school district taxes, WE HAVE NO CONTROL over.

Some other good news to report is that despite the challenges I mentioned above, Berkeley Township continues to have the 2nd lowest OVERALL property taxes in all of OCEAN COUNTY and 31st lowest OVERALL property taxes out of 564 municipalities in New Jersey. I wish to thank the members of the Township Council, especially Council President John Bacchione, who chairs our Finance Committee, for working with me to keep the costs of government down. The average Berkeley Township homeowner will continue to pay less than half of the statewide average property tax bill. That is a significant accomplishment we all can be proud of.

I am also pleased to report that Standards & Poor's rating service has once again sustained Berkeley's bond rating at "AA-". In 2019, S&P increased our rating from an "A+" to a "AA-". The rating affirms our stable financial outlook and is based on the Township's strong budgetary performance, flexibility and very strong liquidity. Once again, we are extremely pleased that S&P has recognized the extreme effort we have made to be financially responsive to our taxpayers despite these difficult economic times.

The introduced budget will maintain the same level of services that residents have received in past years, with the exception of public safety. We have increased the budget for public safety. We have hired additional police officers and have provided record amounts of funding towards our police, fire and emergency medial services to keep our residents safe and secure.

Improving quality of life, fiscal responsibility and providing costeffective services will continue to be my top priorities. Together, over the past twelve years, we have worked to address the financial challenges, while continuing to make improvements that are vital to the future of Berkeley's families and neighborhoods.

As we continue in 2023 and beyond, our emphasis remains on long range financial stability, continued public infrastructure improvements and our commitment to providing the important services that our residents have come to expect.

Free Summer Concerts Begin June 28th at Veterans Park

Opening night of our Sounds of Summer Concert Series will begin on Wednesday, June 28th at Veterans Park in Bayville. Beginning at 6pm, we will feature long-time Jersey Shore talent, **Rock N' Rhythm**, a vocal group with a tight harmonious sound of both traditional Doo-Wop and contemporary styles. Followed by **Super TransAm** an Arena Anthem band of the 70's, including chart-topping hits from Queen, Foreigner, Journey and more. In honor of **Independence Day**, we will have a fabulous fireworks display to close the night.

As always, the cost of the summer entertainment is funded by community and business donations. Please come on out for a great night of entertainment and don't forget to bring a chair. Refreshments are always provided by our local non-profit groups and organizations that use these concerts as their fundraisers.

I look forward to continuing to serve as you Mayor, until my term is up at that end of this year. It's been an honor of a lifetime and I thank you for this privilege. If you have any questions or concerns, feel free to email me at: mayor@berkeleytownship.org or by phone: 732-244-7400 ext.: 1203.

Continues to Promote "See Something - Say Something" Campaign



Berkeley Township - Mayor Carmen F. Amato, Jr., and Chief Kevin Santucci continue to promote the See Something - Say Something campaign.

"It's important to remind residents that if they see something suspicious they should report it to the police immediately." Amato said.

The local campaign will consist of signs placed throughout the town, postings on billboards, web sites, social media and nixle notification.

"Berkeley Township is 42 square miles with 44,000 residents. Every resident can assist by being the eyes and ears of our community. So if you see something, say something." Said Mayor Amato.

"I have seen this program in other parts of the State. I communicated the idea to Mayor Amato and he immediately embraced it. I want to thank the Mayor for pushing this ahead." Councilman Byrnes said.

OALITION INTEREST STORIES SPONSORS PUZZLES & MORE...

....continued from previous page

Council President John Bacchione, said "Many homeowners are aware of what is going on in their neighborhoods. We all know who should be in our neighborhoods and who shouldn't. If you see someone who looks suspect or a situation that just doesn't look right, please report it to the police."

"This will be in addition to the Berkeley Township Police Department "Tip Line." It should be noted that the tip line has proved positive, as concerned citizens have alerted police which has led to multiple investigations and arrests." Chief Santucci said.

Residents may either leave their name and address or report the activity anonymously if they feel more secure in doing so.

The "*Tip Line*"

732-341-1132 ext: 611

or email: detective@btpdnj.org

"Remember, if you are witnessing a crime in progress, immediately call 9-1-1 or Berkeley dispatch directly at: 732-341-6600." Council President John Bacchione said.



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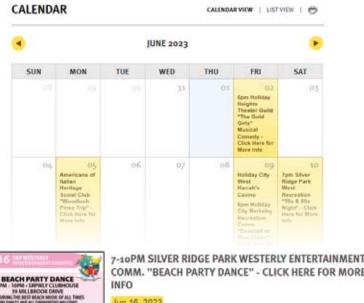
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SILVER RIDGE PARK NORTH NEIGHBORHOOD GARAGE SALES & FLEA MARKETS

SEE EVENT FLYERS ON PAGES 18-24 UPCOMING TRIPS & TRAVEL EVENTS ON PAGE 28

Caregiver Volunteers of Central Jersey and Howell Police Athletic League Celebrates Older American Month

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Toms River, NJ — June 2, 2023 Caregiver Volunteers of Central Jersey, a leading organization dedicated to providing support and assistance to seniors, hosted a heartwarming celebration on May 17th at the Clarion in Toms River. The event, aptly named the 95+ Party, brought together clients of the organization who are 95 years or older, along with the inspiring Howell PAL Youth Leadership group. The occasion was marked by joy, connection, and the recognition of three remarkable centenarians.

The 95+ Party served as a platform to honor the incredible individuals who have reached the remarkable milestone of 95 years or older. These resilient seniors, clients of Caregiver Volunteers of Central Jersey, have overcome life's challenges and continue to inspire others with their wisdom, spirit, and enduring zest for life. Awards were handed out that night to the oldest seniors in the room; Daniel Passarella – Age 101, from Brick, NJ; Estelle Michaelson – Age 100, from Toms River, NJ; and Phyllis Zelante – Age 100, from Middletown, NJ.

The event was made all the more meaningful with the presence of the Howell PAL Youth Leadership group, a passionate and dedicated cohort of young individuals committed to making a positive impact in their community. The intergenerational connection between the seniors and the youth was a testament to the power of bridging age gaps and fostering understanding and empathy.

Amidst an atmosphere filled with laughter, shared stories, and heartfelt moments, the three centenarians in attendance became the center of attention. Their presence was a living testament to the incredible journeys they have traveled, each with their unique experiences and memories. The centenarians were honored for their resilience, wisdom, and the invaluable contributions they have made throughout their lives.

Through this celebration, Caregiver Volunteers of Central Jersey aimed to recognize the achievements and celebrate the lives of these remarkable seniors, as well as inspire the Howell PAL Youth Leadership group to learn from their experiences and embrace the lessons that only time can teach.

'We are immensely proud to have brought together our extraordinary seniors and the exceptional Howell PAL Youth Leadership group at the 95+ Party," said Megan O'Keefe, Executive Director at Caregiver Volunteers of Central Jersey. "This event not only celebrated the longevity of our remarkable seniors but also fostered connections and understanding across generations. The interplay between the wisdom of age and the enthusiasm of youth created a truly memorable experience for all involved." Sgt, Chris Hill, Director of Howell PAL added "What an awesome event where the youth got the chance to interact with seniors and hear directly from them how much the world has changed"!

Caregiver Volunteers of Central Jersey extends its heartfelt gratitude to all the individuals who attended the 95+ Party and made it a resounding success. The organization remains committed to supporting and empowering seniors, fostering intergenerational relationships, and creating opportunities for growth and connection within the community.

Founded in 1993, Caregiver Volunteers of Central Jersey is a nonprofit with offices in Toms River and Freehold, NJ. The nonprofit offers a wide range of services to support seniors, veterans, elderly disabled, and individuals living with dementia, plus the caregivers of loved ones with chronic illnesses.

> For more information, press only: Nicole Steed - 732.505.2273, ext. 212, email: nicoles@caregivervolunteers.org

For more information on CVCJ or PAL https://www.howellpal.org/ https://caregivervolunteers.org/





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BERKELEY TOWNSHIP

"Sound the Alarm" Program Promotes Fire Safety



By Eric San Juan





It's easy to take your smoke detectors for granted. After all, the only time you're meant to notice them is in an emergency.

But they are one of the most important ways to keep you and your family safe, a message the American Red Cross has been promoting through its Sound the Alarm program. Mayor Carmen Amato and Council President John Bacchione recently attended an event for the program, through which free smoke detectors are installed in homes across the country.

"We are extremely fortunate as a community that the American Red Cross has been in our community numerous times over the years to implement this program," Amato said.

Kim Goetz, Executive Director of the Central New Jersey Chapter of the Red Cross, was also on hand to walk town officials through details of the program.

Good fire safety practices are essential. Every day in the United States, seven people are killed in a home fire, with senior citizens twice as likely to die in a fire than other Americans. Some 36 people are injured every day as a result of home fires, and upwards of \$7 billion in property damage occurs each year due to fires. In fact, house fires kill more people annually than all natural disasters combined.

The Sound the Alarm campaign urges homeowners to test their smoke alarms regularly – they suggest monthly tests – and to practice a fire escape plan.

According to the Red Cross, your risk of dying in a house fire can be cut in half by having a working smoke detector. Those in a house fire may have as little as two minutes to escape before the smoke becomes fatal, therefore it's essential to have a clear plan on how to get out as quickly and safely as possible.

There are ways to minimize the risk.

First and foremost, you should always have working smoke detectors installed in your home. They are a critical tool in identifying a fire before it gets out of control. Make sure they are tested regularly to ensure they are functioning properly and replace any batteries as needed. If you do not have working smoke detectors, reach out to the Red Cross at the website listed below for details on how to get some via the Sound The Alarm program.

Second, install a carbon monoxide detector if you have fuel-burning appliances like furnaces or space heaters in your home. Carbon monoxide is an odorless, colorless gas that can cause serious health issues or death if not detected quickly.

These days, many smoke detectors also double as carbon monoxide detectors, so look for models that fulfill both functions.

Third, practice fire safety habits at home by teaching your family how to respond when the alarm goes off and educating them on what to do in case of a fire. Everyone should know how to stop, drop and roll if their clothes catch on fire, and the household should have an escape plan in place that includes two ways out of every room.

When a home fire strikes, it can spread fast. According to the Department of Homeland Security, it can take as little as 30 seconds for a small fire to turn into a major one. That's why it's important to plan your options on how you'd exit the house in the case of a fire, and to practice them from time to time.

Fourth, be sure you have a working fire extinguisher. Fire extinguishers have a life expectancy, usually between 5 and 15 years. They will "go bad" and cease to function, so replace yours every five years or so, just to be safe.

Fifth, never leave candles or open flames unattended (especially in bedrooms) and keep anything flammable away from any heat sources. Make sure all cords are tucked away from potential contact with furniture or other combustible materials. Also, limit the use of extension cords, as they can easily be overloaded and cause a short circuit that could spark a fire.

And finally be ready to call 911 in the case of an emergency, and have other emergency numbers handy where you can get to them right away. It might save your home – or your life.

For more information on the Sound the Alarm initiative, visit https://www.redcross.org/local/new-jersey/about-us/our-work/home-fire-campaign/home-fire-safety-visit.html

In the meantime, Amato said he is working with Goetz and the Red Cross to have the organization once again do detector installations in town.



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CONNORS, RUMPF & GOVE

Introduce Bill to Create Fund for Volunteer Fire Companies

9th District Delegation Bill Would Appropriate \$10 Million

for Volunteer Fire Company Fund

Senator Christopher Connors, Assemblyman Brian Rumpf, and Assemblywoman DiAnne Gove have introduced legislation to support the financial needs of volunteer fire companies. The 9th District delegation's legislation would establish the "Volunteer Fire Company Assistance Program" along with a special non-lapsing State fund that would receive an initial appropriation of \$10 million to support the operations and sustainability of volunteer fire companies.

The concept for the delegation's legislation is strongly supported by the Borough of Pine Beach's governing body. The governing body of Waretown has also stated its support for the establishment of a fund to support volunteer fire companies.

The 9th District delegation's companion legislation has been introduced as A-5570 and S-3925.

The delegation issued the following remarks:

"Volunteer fire companies provide critical, life-saving services that communities across Ocean County rely on every day. It is also important to note that these dedicated firefighters save local taxpayers hundreds of thousands of dollars every year by volunteering their time and expertise.

"State regulations and financial strains can limit the ability of some municipalities to provide additional funding to volunteer fire companies such as for upgrading or replacing emergency equipment. Given the critical public safety issues at play, it's time for the State to step up with a dedicated funding source to ensure volunteer fire companies are properly equipped to effectively carry out their serious responsibilities.



Sen. Christopher Connors, Asm. Brian Rumpf, and Asw. DiAnne Gove have introduced legislation to support the financial needs of volunteer fire companies. (Pixabay)

"Last, but certainly not least, we want to thank the governing body of Pine Beach for bringing this proposal to our attention and providing background based on the operations of the Borough's own volunteer fire department."

Under the delegation's legislation, the Director of the Division of Fire Safety would be required to develop and administer a grant program to annually distribute monies in the fund to volunteer fire companies in the form of grants to support the ongoing operations and sustainability of volunteer fire companies, including the purchasing of emergency equipment.

The 9th District delegation has also introduced companion legislation, S-1697 and A-757, which would permit volunteer firefighters and first aid or rescue squad members to claim an additional exemption of \$5,000 to be taken as a deduction from their gross income if they meet certain qualifications.





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HEALTH & WELLNESS

Understanding and Dealing With Dementia

By Eric San Juan

Few ailments targeting older Americans can be as invisible – and frightening – as dementia. Understanding the basics, however, can make confronting this wide range of conditions easier for you and your loved ones.

There are several types of dementia, each with its own unique set of symptoms. The most common is Alzheimer's disease, which accounts for 60 to 80 percent of cases. Other forms include vascular dementia, Lewy body dementia and frontotemporal dementia. It's important to understand the differences between these in order to provide more effective care and support.

"When you've met one person with Alzheimer's, you've met just one person," said Lucey Henkin, who lost her husband to Alzheimer's. "Because, every journey they go through, every person is different, their lives are different, and how people interact with them is different."

For example, Alzheimer's disease is characterized by damage to the brain caused by an accumulation of abnormal proteins. Vascular dementia occurs as a result of decreased blood flow to the brain, leading to problems with thinking and memory. Lewy body dementia is associated with deposits of abnormal protein in parts of the brain that control movement, behavior and cognition. Finally, Frontotemporal dementia affects the frontal lobe or temporal lobe regions of the brain, which are responsible for language, emotion and decision-making abilities.

While we don't fully understand the underlying causes of all dementias, the most recent science suggests that in most cases, cognitive decline is due to an accumulation of "risk factors" rather than a single cause. Genetics plays an important role for some types; other potential causes include poor nutrition, chronic illnesses such as diabetes or stroke, physical injury, and lifestyle factors such as alcohol or drug use.

This is why it is important to maintain a healthy lifestyle and keep regular check-ups with your doctor to monitor any changes or potential causes early.

Recognizing the early signs of dementia is critical in providing timely intervention and support. It can be difficult to identify the signs of dementia at first; people may not experience all the symptoms right away, and the scope and type of symptoms can vary from person to person. In some cases, the changes can be hard to spot, such as subtle changes in behavior, and minor memory loss that disrupts daily life.

Common signs include difficulty understanding language or following directions, confusion with time or place, difficulty recognizing familiar places or people, changes in mood or personality, and an inability to complete daily tasks. Some people even experience delusions, hallucinations or paranoia as well.

If you notice any of these signs in yourself or someone close to you, it's important to seek medical advice from your doctor, because early detection is critical to managing the effects. It's also important to remember that there is only so much you can do.

"My father had no awareness that he had dementia, and adamantly refused my attempts to help him. I hired an eldercare manager to help me figure out a way

around this," said Cynthia Dearborn, who cared for her father when he was struck by dementia. "When I told her I wanted to keep him safe, she said that was impossible: I could only try to keep him safer. That small grammatical shift helped me hugely: it changed my task from impossible to doable. I came to terms with the fact that I couldn't work miracles, but I could try to make the conditions of my dad's daily life less dangerous, less frightening, more comfortable, more enjoyable."

While there's no way to reverse the effects of dementia, there are various treatments available to help manage symptoms and improve quality of life. This includes medications like cholinesterase inhibitors for mild-to-moderate Alzheimer's disease, lifestyle changes such as mental stimulation and physical activity, and psychological therapies like cognitive behavioral therapy.

If you or a loved one are suffering, lifestyle changes you can incorporate into your life include staying mentally and physically active, eating a healthy diet, drinking plenty of water, and getting enough sleep. Diet changes to focus on include reducing sugar, limiting processed and fried foods, eating plenty of fruits and vegetables, and increasing your intake of omega-3 fatty acids.

"While there is some debate about the most effective types of exercise, the best exercise is something you enjoy and will sustain indefinitely," said Steve Vernon of Rest-Of-life Communications. "Better still is exercise that brings you social interactions, another possible protection against dementia."

Additionally, it's important to create an environment that is conducive to comfort and safety. For example, creating a calming atmosphere in the home by using gentle music, good lighting and familiar objects can help reduce confusion and agitation. Also, setting a routine that includes regular activities can help people with dementia feel more secure and comfortable.

Dementia does not have to be a burden; with the right support, knowledge and care, it is possible to lead a fulfilling life even if you are affected by this condition.

Also, remember that you are not alone in this journey. There are organizations offering support for those affected by dementia, both locally and online. These include Alzheimer's Disease International, the National Council on Aging, the Alzheimer's Association, and others. These resources provide valuable information on living with dementia as well as tips for caregivers or family members to help manage it better.

For more information on managing dementia, please consult with a medical professional.

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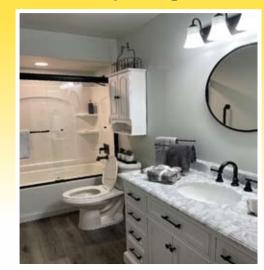




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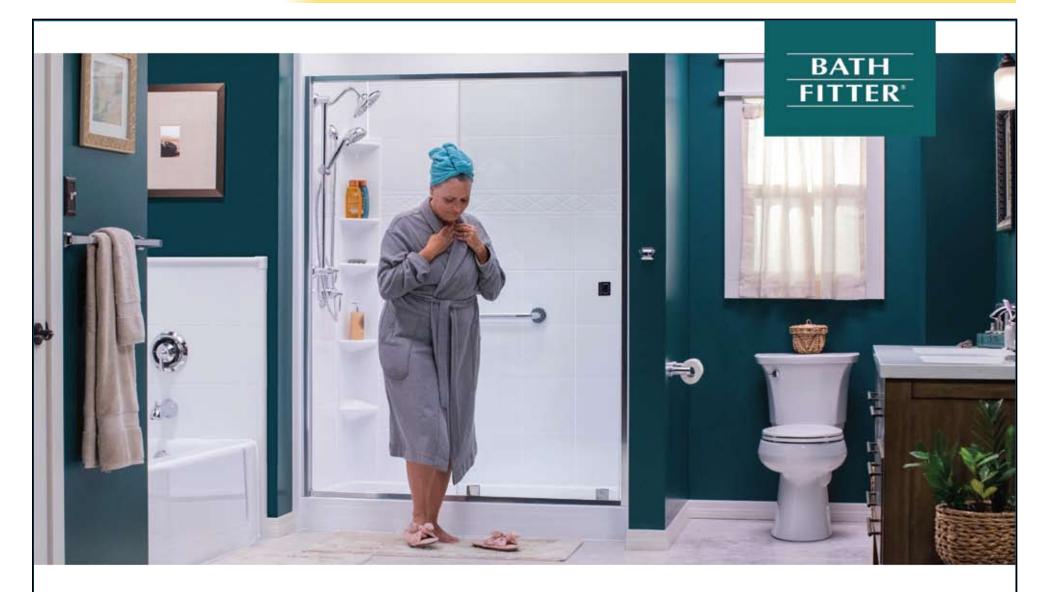
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At: Holiday City at Berkeley, 631 Jamaica Blvd; Parking Lot by Clubhouse 2 FRIDAY, JUNE 23RD • 9:30AM - 11:00AM

Pre-registration available at HCB Clubhouse 2 Office (631 Jamaica Blvd.) Pre-registration helps the Food Bank know how much food to bring, but if you don't pre-register, you can still come and receive food.

The mobile pantry will be distributing non-perishable food as well as fresh produce and baked goods. Please bring ID.



The Mobile Pantry Program is sponsored by: **FULFILL** of Monmouth and Ocean Counties 3300 ROUTE 66 • NEPTUNE, NJ 07753 Tel: 732-918-2600 FEEDING AMERICA

Questions? Call FULLFILL

the NEW Food Bank of Monmouth & Ocean Counties at 732-918-2600 Ext. 5873

Or Councilwoman Sophia Gingrich 732-272-2255 or Councilman Michael Signorile

HOLIDAY CITY SOUTH **JUN 17** SOCIAL CLUB

THE CATAPANO BROTHERS **AKA "THE CAT BROS"**

DOORS 5PM | DANCE 6PM - 10PM HH CLUBHOUSE - 96 PRINCE CHARLES DRIVE WATER - TEA - COFFEE - DESSERT - BYOB **OPEN TO THE PUBLIC**

TICKET COST: \$20.00 PP • LIMITED TICKETS AVAILABLE!

TICKET SALE: 9:30-11AM AT HCS CLUBHOUSE - 139 SANTIAGO DRIVE

FOR MORE INFO: DEBBIE FAZIO 908-907-6481

JUN 28 HOLIDAY CITY SOUTH WOMEN'S CLUB



DELAWARE RACETRACK & CASINO

BUY YOUR OWN BREAKFAST/LUNCH AT CRACKER BARREL RESTAURANT **BUS LEAVES AT 8:30AM** FROM HCS CLUBOUSE 139 SANTIAGO DRIVE

TICKET COST: \$38.00 PP | \$20.00 BACK IN SLOT PLAY TICKET SALE: FRIDAYS 9:30AM-11AM HCS CLUBHOUSE

(139 SANTIAGO DR.) BUILDING A, ROOM 1

FOR MORE INFO: ALICE PATRIZIO 732-286-2751

JUL 22

HOLIDAY CITY SOUTH **WOMEN'S CLUB**



EVENING ON THE RIVER LADY

Enjoy the calm waters of the Toms River and Barnaget Bay while enjoying dinner and music.

ARRIVE BY 6:30PM | BOAT DEPARTS 7PM Choice Of Chicken Francese, Chicken Marsala, Salmon Or Penne Vodka Served With Salad, Rolls, Vegetable And Potato, Dessert, Coffee And Tea.

Ticket: \$85.00 PER PERSON • TICKET SALES: FRIDAYS 930AM-11AM AT HCS CLUBHOUSE BUILDING A, ROOM 1 (139 SANTIAGO DR.) FOR INFO: Alice Patrizio 732-286-2751

Women's Club Holiday City South, State Registration 107–12–33124, Berkeley Township License RL–2803 No one under the age of 18 is permitted to participate.

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JUL 22

HOLIDAY CITY WEST OUT & ABOUT CLUB

LUAU PARTY & PIG ROAST

6 - 9:30 PM - DOORS OPEN 5:30

HCW CLUBHOUSE - 45 CABRILLO BLVD

MUSIC & DANCING BY DEEJAY • HULA CONTEST A SPECIAL LUAU BUFFET CATERED BY BRINGHURST MEATS

TICKET COST: \$40.00 PP (NO REFUNDS)

TICKET SALE: EVERY WEDNESDAY STARTING 6/14 - 4:30 - 6PM

AT HCW CLUBHOUSE - ALL COMMUNITIES WELCOME FOR MORE INFO: MADELINE 201-232-0954

AUG 05

HOLIDAY CITY WEST OUT & ABOUT CLUB



"OVER THE RAINBOW" STORY OF JUDY GARLAND

DOORS OPEN 5:30 • HCW SHOWROOM NARRATIVE & VIDEO PRESENTATION WITH LIVE PERFORMERS APPETIZER PLATTER ON EACH TABLE WITH DESSERT

TICKET COST: \$25.00 PP (ALL COMMUNITIES WELCOME)

TICKET SALE: STARTS JULY 12 (MEMBERS CAN RESERVE IN ADVANCE)

FOR MORE INFO: MADELINE 201-232-0954

AUG 19

HOLIDAY CITY WEST OUT & ABOUT CLUB



ROCK, RHYTHM, AND SOUL DANCE PARTY

DANCE TO THE MUSIC OF "THE WATERFRONT DUO" FEATURING THE ONE & ONLY LEON TRENT 6-9:30PM | DOORS OPEN 5:30PM

HCW CLUBHOUSE - 45 CABRILLO BLVD., TOMS RIVER ANTIPASTO/APPETIZER PLATTER ON EVERY TABLE

Tickets: \$25 per person [NO REFUNDS] - Members can reserve in advance Ticket payment due Wednesday starting July 19

FOR MORE INFO: MADELINE 201-232-0954

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► FLYERS FOR THE JULY/AUGUST 2023 EDITION OF

CONNECTION

MUST BE SUBMITTED BY JUNE 19, 2023

TYPE "CC EVENT FLYER" IN THE SUBJECT LINE

THE FOLLOWING DETAILS MUST BE INCLUDED:

1) DATE OF EVENT

- 5) TIME, LOCATION, ADDRESS
- 2) COMMUNITY HOSTING
- 6) TICKET SALE INFO
- 3) CLUB/ORGANIZATION SPONSOR 7) CONTACT NAME & NUMBER

4) EVENT TITLE

SILVER RIDGE PARK WEST JUN 10 RECREATION COMMITTEE



70s & 80s NIGHT

7PM - 10PM • SRPW CLUBHOUSE 145 WESTBROOK DRIVE ENTERTAINMENT BY DJ BILLY • BYOB BEER & WINE ONLY

TICKET COST: \$20.00 PER ADULT

ADDITIONAL \$5.00: 2 HOT DOGS, 1 BAG OF CHIPS & 1 SODA TICKET SALE: WEDNESDAYS & SATURDAYS 10:30AM - 12:30PM

FOR MORE INFO: VIRGINIA SANSONE 862-208-9061

ENTERTAINMENT COMMITTEE

BEACH PARTY DANCE

7PM - 10PM • SRPWLY CLUBHOUSE 39 MILLBROOK DRIVE FEATURING THE BEST BEACH MUSIC OF ALL TIMES LINE DANCES AND ALL COMMUNITIES WELCOME! 50/50 RAFFLE, COFFEE & CAKE • BYOB OR WINE

NJLGCCID# 107-12-32881 TICKET COST: \$9.00 Municipal RL 2867 TICKET SALE: CLUBHOUSE 10AM-NOON, JUNE 7,9,12

FOR MORE INFO: COOKIE 201-394-3583

JUN 25 SILVER RIDGE PARK NORTH MEN'S CLUB



ALL YOU CAN EAT PANCAKE BREAKFAST

8:30 AM (DOORS OPEN) - 11:00 AM

SRPN CLUBHOUSE, SOCIAL HALL - 101 WESTPORT DRIVE PANCAKES, EGGS, SAUSAGES, FRUIT CUP, JUICE, COFFEE & TEA

TICKET COST: \$9.00 PP (IN ADVANCE) \$10.00 PP (AT DOOR) TICKET SALE: ADVANCE TICKETS ARE SOLD 2 WEEKS PRIOR TO EVENT SRPN CLUBHOUSE CARD / LIBRARY ROOM: MON, WED, FRI 10 - 11 AM

FOR MORE INFO: 732-286-4868

SILVER RIDGE PARK NORTH **MEN'S CLUB**

ALL YOU CAN EAT PANCAKE BREAKFAST

8:30 AM (DOORS OPEN) - 11:00 AM

SRPN CLUBHOUSE, SOCIAL HALL - 101 WESTPORT DRIVE PANCAKES, EGGS, SAUSAGES, FRUIT CUP, JUICE, COFFEE & TEA

TICKET COST: \$9.00 PP (IN ADVANCE) \$10.00 PP (AT DOOR) TICKET SALE: ADVANCE TICKETS ARE SOLD 2 WEEKS PRIOR TO EVENT SRPN CLUBHOUSE CARD / LIBRARY ROOM: MON, WED, FRI 10 - 11 AM

FOR MORE INFO: 732-286-4868

JUL 14

HOLIDAY HEIGHTS RECREATION



CRUISE LUNCHEON ON THE RIVER LADY

11 AM - 1 PM • PLEASE ARRIVE AT DOCK BY 10:30 AM

1 ROBBINS PKWY, TOMS RIVER **INCLUDES CHOICE OF 4 ENTREES • CASH BAR**

TICKET COST: \$60.00 PP (CHECKS ONLY) TICKET SALE: EVERY THURSDAY 9-10 AM AT HH AUDITORIUM, 96 PRINCE CHARLES DR.

FOR MORE INFO: ANNA PACIFICO 732-504-7124

ENTERTAINMENT COMMITTEE

HAWAIIAN LUAU

6PM - 10PM • SRPWLY CLUBHOUSE 39 MILLBROOK DRIVE

BYOB • 50/50 RAFFLE • MUSIC & DANCING

WHOLE PIG, TERIYAKI BEEF KABOBS, COCONUT SHRIMP, VEGETABLE STIR FRY, HAWAIIAN FRUIT SALAD & PINEAPPLE BAKE, ROLLS, DESSERT & COFFEE

TICKET COST: \$37.00PP [NO REFUNDS] TICKET SALE AT CLUBHOUSE - JUNE 26,28,30, NJLGCCID# 107-12-32881 Municipal RL 2867

JULY 3,5,6, 10

FOR MORE INFO: COOKIE 201-394-3583

SRPWLY SRP WESTERLY

JULY 29

HOLIDAY CITY CAREFREE Network of Neighbors & Women's Club

POOL PARTY

6-10PM AT HCC 98 BANANIER DR.

Music by Exquisite DJ and Catered by Dickey's Barbecue Pit. Water, Coffee, Tea and Dessert will be included. Bring your own beverages. BYOB NO GLASS

Tickets \$35.00 per person

Ticket sale dates: Tuesdays 6/20, 6/27, 7/11 and 7/18 from 10AM-12PM

Ticket sale location: Carefree Library 98 Bananier Dr.

FOR MORE INFO: 718-702-7259

AUG 05

HOLIDAY HEIGHTS RECREATION



ANNUAL COUNTRY WESTERN DANCE

6:30PM - 10:30PM • HH CLUBHOUSE **96 PRINCE CHARLES DRIVE** MUSIC BY WILD ROSE

WATER - SODA - COFFEE - CAKE INCLUDED

TICKET COST: \$15.00 PP

TICKET SALE: EVERY THURSDAY STARTING 6/1 9AM AT HH CLUBHOUSE

FOR MORE INFO: MARIE MARINO 732-914-8166

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BILLY JOEL/ELTON JOHN DUELING PIANO CONCERT

TIME: 2PM-4:30PM at SRPN Clubhouse (101 WESTPORT DR.)

MUSIC PERFORMED BY JOHN ARDEN MUSIC. ALL ARE WELCOME! Beverages & Desserts Served - BYOB & Snacks

Tickets: \$20.00 pp • Ticket Sales: Tuesdays 10-11:30AM starting July 11th at SRPWLY Clubhouse 39 Millbrook Drive. Call Barbara 732-244-7455

Ticket Sales: Monday, Wednesday and Friday 10-Noon starting July 31 1st at SRPN Clubhouse. Call: Linda 732-569-6277 / 201-783-3061

Registration No.RL-2802A Municipality No.: 107-10-29516

SEPT

HOLIDAY CITY CAREFREE SOCIAL CLUB

The Night Club with Joey Vincent

DOORS OPEN1:30PM | 2PM - 5PM HCC CLUBHOUSE - 98 BANANIER DR. Coffee, Tea and Cake Served • BYOB & Snacks

Tickets \$17.00pp [NO REFUNDS] - Pay by Check Only to Carefree Social Club Tickets Sales: 10AM-NOON August 14th, 21st, 28th, Sept. 11th

in the Carefree Library - 98 Bananier drive

FOR MORE INFO: Mary 848-238-7084

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SIGHT & SOUND THEATRE

- MOSES

2 Days /1 Night

SEPTEMBER 12, 2023

PRICE INCLUDES

- TWO DAYS DELUXE MOTORCOACH **TRANSPORTATION**
- OVERNIGHT ACCOMMODATIONS FOR ONE NIGHT WITH A SMORGASBORD BREAKFAST
- ADMISSION TO SIGHT & SOUND THEATRE WITH GREAT SEATS!
 - \$268.00 PP DOUBLE OCCUPANCY \$252.00 PP TRIPLE OCCUPANCY
- VISIT TANGER OUTLETS FOR SOME SHOPPING!!

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- SMORGASBORD DINNER LUNCH AT SHADY MAPLE SMORGASBORD ON **SECOND DAY**
- TAXES AND GRATUITIES

\$100.00 PER PERSON - REFUNDABLE DEPOSIT UP TO FINAL PAYMENT \$338.00 PP SINGLE OCCUPANCY \$244.00 PP QUAD OCCUPANCY

AMERICANS OF ITALIAN HERITAGE SOCIAL CLUB

MYRTLE BEACH, SC

7 Days / 6 Nights

Call Carmen 732-244-0404

OCTOBER 15-21, 2023

TOUR INCLUDES

- Round trip motor coach transportation
- One overnight stay round trip in North Carolina (overnight bag required each way)
- Breakfast and dinner

MYRTLE BEACH

- 4 Night stay at an oceanfront resort hotel with daily hot breakfast
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- Original Benjamins Restaurant
- Pirates Voyage dinner & show
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- Broadway Theatre `Le Grand Cirque`
- Wine Tasting experience at the **Duplin Winery**

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\$1191.00 PP DOUBLE OCCUPANCY \$1062.00 PP TRIPLE OCCUPANCY \$1581.00 PP SINGLE OCCUPANCY \$996.00 PP QUAD OCCUPANCY

HCB DAY PLANNERS

CASTLES OF NY & NY STATE CAPITOL **OCTOBER 2-5, 2023**

PACKAGE INCLUDES:

- 3 NIGHTS LODGING, 2 NIGHTS AT EDGEWOOD RESORT ON ST. LAWRENCE RIVER
- 3 BREAKFASTS, 1 BOXED LUNCH, **3 DINNERS**

732-608-7546

4 DAYS / 3 NIGHTS

- BOLDT CASTER, SINGER CASTLE, WINGS CASTLE
- ST. LAWRENCE RIVER CRUISE
- GUIDED TOURS OF NY STATE CAPITOL **BUILDING, MILLBROOK VINEYARDS** AND WINERY TOUR
- SOUVENIR GIFT

BAGGAGE HANDLING | TAXES & STANDARD GRATUITIES MOTORCOACH TRANSPORTATION **CANCELLATION INSURANCE AVAILABLE UPON REQUEST** \$100.00 DEPOSIT DUE WITH EACH RESERVATION \$749 PER PERSON DOUBLE OCCUPANCY \$978 PER PERSON SINGLE OCCUPANCY

HCW OUT & ABOUT CLUB

"A LANCASTER CHRISTMAS TOUR"

Call Madeline 201-232-0954

2 Days/1 Night

NOVEMBER 29-30, 2023

1ST DAY

- OVERNIGHT ACCOMODATIONS AT THE **FULTON STEAMBOAT INN**
- LUNCHEON/BRUNCH SMORGASBORD & SHOPPING AT THE SHADY MAPLE
- STROLL THROUGH KITCHEN KETTLE **VILLAGE**
- DUTCH APPLE THEATER DINNER SHOW TO SEE"A CHRISTMAS CAROL THE MUSICAL"

2ND DAY

- FAMILY STYLE BREAKFAST AT THE STEAMBOAT RESTAURANT
- TICKET TO THE AMERICAN MUSIC THEATER TO SEE
- "THE FIRST NOEL"
- BUFFET AT JOSEPH AMBLER INN

THIS COMPLETE HOLIDAY VACATION ONLY:

DOUBLE OCCUP. - \$419. PP OR SINGLE OCCUP. - \$489 PP PAYMENT DUE AUGUST 9, 2023 • NO REFUNDS*

HCB DAY PLANNERS

SIGHT & SOUND THEATRE / **AMERICAN MUSIC THEATRE-**

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MIRACLE OF CHRISTMAS THE FIRST NOEL

DECEMBER 6-8, 2023 3 Days / 2 Nights

PACKAGE INCLUDES:

- 2 NIGHTS LODGING, 2 BREAKFASTS, 2 DINNERS +SMORGASBORD DINNER
- TANGER OUTLETS
- LUGGAGE HANDLING
- KITCHEN KETTLE VILLAGE
- ALL TAXES & MEAL GRATUITIES
- SOUVENIR GIFT
- MOTORCOACH TRANSPORTATION

\$100.00 PER PERSON DEPOSIT

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Call Carolyn Pabon

SEPTEMBER 17-21, 2023

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- 2 POOLSIDE LUNCHES AT THE MOTEL
- 4 DINNERS AT WILDWOOD'S FINE RESTAURANTS
- CORN HOLE TOURNAMENT, AND OTHER ACTIVITIES AT POOLSIDE EACH DAY

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HCB DAY PLANNERS

CASTLES OF NY & NY STATE CAPITOL

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OCTOBER 2-5, 2023

PACKAGE INCLUDES:

- 3 NIGHTS LODGING, 2 NIGHTS AT EDGEWOOD RESORT ON ST. LAWRENCE RIVER
- 3 BREAKFASTS, 1 BOXED LUNCH, **3 DINNERS**
- BOLDT CASTER, SINGER CASTLE, WINGS CASTLE
- ST. LAWRENCE RIVER CRUISE

4 DAYS / 3 NIGHTS

- GUIDED TOURS OF NY STATE CAPITOL **BUILDING, MILLBROOK VINEYARDS AND** WINERY TOUR
- SOUVENIR GIFT
- BAGGAGE HANDLING, TAXES AND STANDARD GRATUITIES MOTORCOACH TRANSPORTATION

CANCELLATION INSURANCE AVAILABLE UPON REQUEST \$100.00 DEPOSIT DUE WITH EACH RESERVATION

\$749 PER PERSON DOUBLE OCCUPANCY \$978 PER PERSON SINGLE OCCUPANCY

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IF A TRIP ADVERTISED IN THIS ISSUE HAS BEEN **SOLD OUT, CANCELED, OR HAS UPDATES,** PLEASE LET US KNOW!

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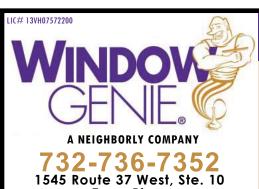
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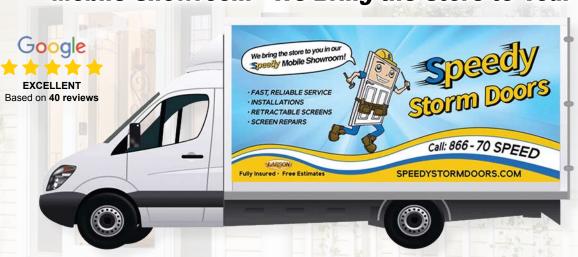
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